

Introduction ymposium reviews and dis

This symposium reviews and discusses findings from the study, *Effective Financing Strategies for Systems of Care*.

This study is one of several five-year studies of the Research and Training Center for Children's Mental Health, USF.

The studies are identifying critical implementation factors which support communities and states in their efforts to develop effective systems of care for children with serious mental health problems and their families.



Goals of the Financing Study

- Develop a better understanding of the critical financing strategies needed to support systems of care
- Examine how these financing strategies operate separately and collectively
- Promote policy change through dissemination of study findings and technical assistance to state and local policymakers and their partners

USF



Study Methods

- Convened a national panel of financing experts to develop a list of critical financing strategies and study questions
- Study team and panel members nominated a number of states and communities for potential site visits
- Conducted site visits and telephone interviews with six states and seven regional or local areas
- Conducted data analysis and synthesis activities

Study Sites **States** Regional/Local Areas Arizona and Maricopa Bethel, Alaska County Central Nebraska California and Contra Choices (based in Costa County Indianapolis, Indiana) Cuyahoga County, Ohio Michigan and Livingston County Erie County, New York New Jersey Project BLOOM, Vermont Colorado Wraparound Milwaukee **USF**

Study Products

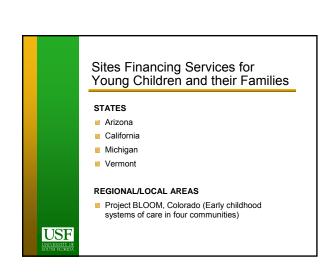
- A Self-Assessment and Planning Guide: Developing a Comprehensive Financing Plan
- Issue Brief 1: Effective Strategies to Finance a Broad Array of Services and Supports
- Issue Brief 2: Effective Strategies to Finance Family and Youth Partnerships
- Effective Financing Strategies for Systems of Care: Examples from the Field: A Resource Compendium for Developing a Comprehensive Financing Plan

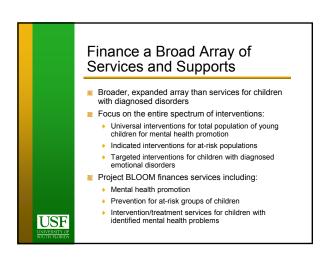


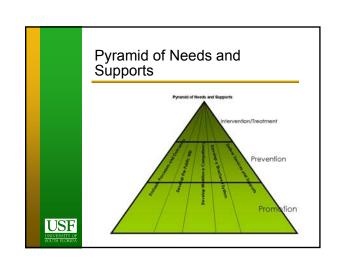




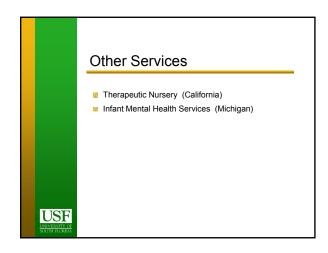
Financing Strategies Finance a broad array of services and supports for young children and their families Use multiple funding sources for early childhood mental health services Maximize Part C and Child Find financing Finance early childhood mental health consultation to natural settings Finance services to families of young children Strategic planning

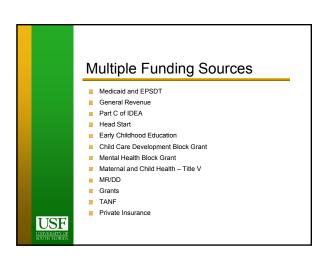


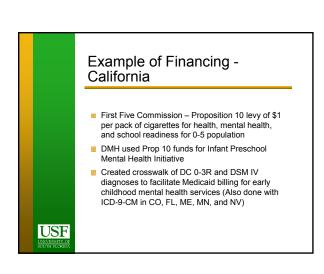


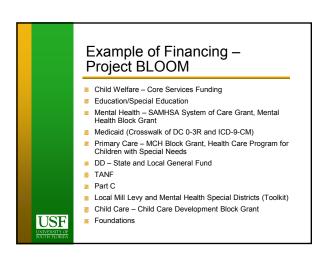


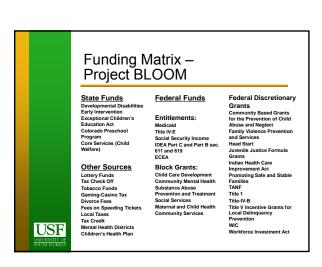
Types of Service Financed -Project BLOOM Home-Based Services/ Home Assessment Visitation Outpatient Therapy (Individual, Family, Group) School-Based Services (Child Care, Preschool) Medical Management Respite Services Case Management Crisis Wraparound Process Services (Family) Family Support/Education Crisis Residential Services Mental Health Consultation Evidence-Based Interventions Parent-Child Interaction Therapy (PCIT), Incredible Years, Touch Points, Circle of Security, Trauma-Focused CBT Inpatient Services Behavioral Aide Services Behavioral Management Skills Training USF











Flexible Funds - Project **BLOOM** Use SAMHSA grant for flexible funds

- Communities identify flex fund allocations in budgets
- Developed guidance document with parameters, examples, and decision making guide
- Can be used for services and supports in wraparound plan, such as:

 - Respite
 Professional Services (Counseling, Therapy, Home Health
 Medical

 - Transportation
 - Equipment/Assistive Technology Parent, Sibling, and Social Support Other Individual Expenses



USF

USF

Finance Wraparound Approach and EBPs - Project BLOOM

- Use SAMHSA grant, Medicaid, and Part C for wraparound facilitators
- Medicaid covers some functions under case management for facilitators and providers
- SAMHSA grant funds for wraparound training and training on Wraparound Fidelity Index (WFI)
- Blend of funds used for EBPs
 - Medicaid (Existing codes for individual, family,
 - SAMHSA grant funds
 - Early Childhood Councils in each community

USF

Maximize Part C and Child Find Financing

- BH division funded development of series of workshops on early childhood mental health providers in Part C network
- Created and requires an assessment tool for 0-5 population and trains providers. RBHAs required to screen all child welfare involved children and refer to
- Requires RHBAs to hire 0-5 specialists, coordinate with Part C. SIG dollars for training (Arizona)
- Integrated system of care with Part C "Invest in Children" early intervention program (Cuyahoga
- Developed a funding hierarchy (Colorado)

Maximize Part C and Child Find Financing - Colorado

- Developed document on Part C responsibilities for eligibility, assessment, IFSP development for young children with social-emotional concerns
- Identified *screening tools* for social-emotional problems in Child Find
- Some *DC 0-3R diagnoses included* as established conditions within Part C
- Project BLOOM and early childhood specialists in CMHCs work with Child Find to improve behavioral health focus in
- Social work services, enhanced service coordination (wraparound), and social-emotional interventions are allowable for Part C financing
- Developed joint format integrating wraparound elements into IFSP to create single combined plan



Maximize Part C and Child Find Financing - Colorado

Funding Hierarchy:

- Private Insurance
- Public Insurance (Medicaid and SCHIP)
- Health Care Program for Children with Special Needs (Title V)
- Child Welfare, TANF, and Child Care
- Dept. of Education
- Division of Developmental Disabilities

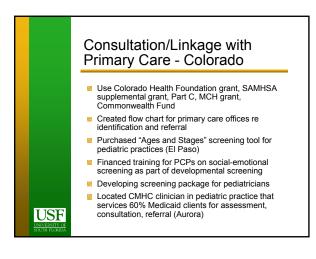
Finance Early Childhood Mental Health Consultation

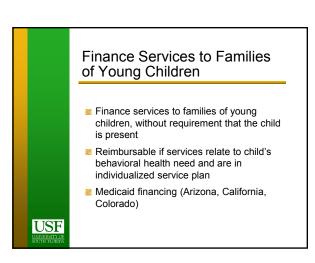
- Mental health consultation to child care preschool, parent-child centers, Head Start. pediatricians, other natural settings
- Financed with Medicaid (Arizona), Medicaid administrative billing (California), state and local general revenue
- Multiple funding sources (15) in Colorado Medicaid, state general revenue, mental health block grant, Head Start, school-based health care, education, TANF, child care, foundation grants, private insurance

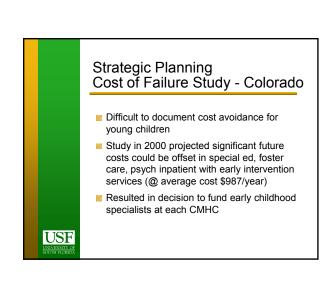


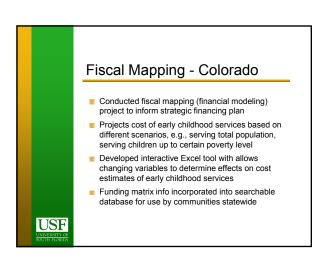


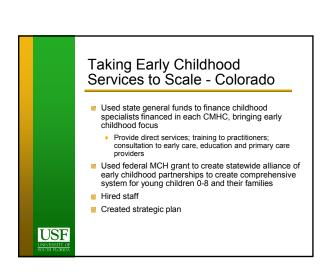
Finance Early Childhood Mental Health Consultation - Colorado Developed a resource and sustainability tool kit for providers "Mental Health Consultation in Early Care and Education" Includes section on funding, including: Funding source overview Funding fact sheet series with information on range of financing streams for ECMHC













Redirecting Resources from "Deep End" to Home and Community-Based Services
Through Use of Care
Management Entities